

Chapter 7 :- Kinetic Energy & Work

→ Kinetic Energy (K): is energy associated with the state of motion of an object.

$$K = \frac{1}{2} m v^2 \quad , \quad [K] = \text{Joule (J)} \\ = \text{kg} \cdot \text{m}^2/\text{s}^2$$

→ Work: is energy transferred to or from an object by means of a force acting on the object.

+ Energy transferred to the object → positive work

+ Energy transferred from the object → negative work

\vec{F} : constant



$$\text{work done by force } \vec{F} : W = \vec{F} \cdot \vec{d} \\ = (F \cos \theta) d \\ = F_x d$$

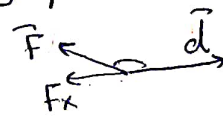
F_y doesn't make work!!

* $[W] = \text{J} \equiv \text{N} \cdot \text{m}$

→ $W = 0$, $\vec{F} \perp \vec{d} \equiv (\theta = 90^\circ)$

→ $W < 0$, $\theta > 90^\circ$

→ $W > 0$, $\theta < 90^\circ$



Work - Energy Theorem :-

$$v_f^2 = v_i^2 + 2 a_x \Delta x \quad , \quad \Delta x = d$$

$$\frac{m}{2} [v_f^2 - v_i^2 = 2 a_x d]$$

$$\frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2 = (m a_x) d$$



$$K_f - K_i = \underbrace{F_x}_{\text{net force}} d$$

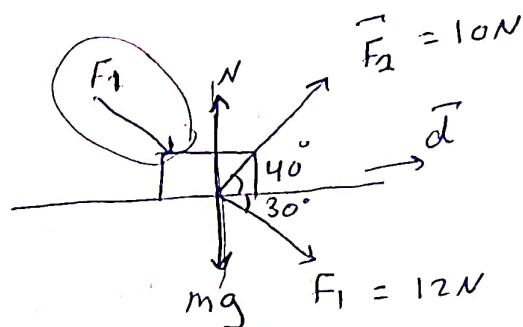
$$\Delta K = W_{\text{net}}$$

$$W = \vec{F} \cdot \vec{d}$$

Sample problem 7.02:

$$m = 22.5 \text{ kg}$$

$$\vec{d} = 8.5 \text{ m } (+x)$$



Find the work done by each force?

$$W_1 = \vec{F}_1 \cdot \vec{d} = F_1 \cos 30 d$$

$$= 12 \times 8.5 \cos 30$$

$$= 88.3 \text{ J}$$

$$W_2 = F_2 \cdot \vec{d} = F_2 \cos 40 d$$

$$= 10 \times 8.5 \cos 40$$

$$= 65.11 \text{ J}$$

$$W_{mg} = F_{mg} \cdot \vec{d} = F_{mg} \cos 90 d$$

$$= 0$$

$$W_N = N \cdot \vec{d} = N \cos 90 d$$

$$= 0$$

$$W_{\text{net}} = W_1 + W_2 + W_{mg} + W_N$$

$$= 88.3 + 65.11$$

$$= 153.4 \text{ J}$$

$$\text{or } W_{\text{net}} = \vec{F}_{\text{net}} \cdot \vec{d}$$

b) Find v_f ?

$$W_{\text{net}} = \Delta K$$

$$= K_f - K_i$$

$$= \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2, \quad (v_i = 0)$$

$$153.4 = \frac{1}{2} (225) v_f^2$$

$$v_f = 1.17 \text{ m/s}$$

Problem 8:

$$\vec{d} = (20 \hat{i} - 16 \hat{j}) \text{ m}$$

$$\vec{F} = (210 \hat{i} - 150 \hat{j}) \text{ N}$$

Find W ?

$$W = \vec{F} \cdot \vec{d}$$

$$= (210 \hat{i} - 150 \hat{j}) \cdot (20 \hat{i} - 16 \hat{j})$$

$$= (210)(20) + (-150)(-16)$$

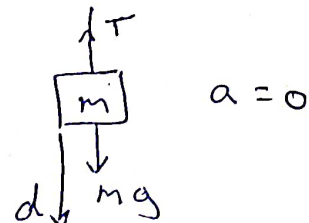
$$= 6.6 \times 10^3 \text{ J} = 6.6 \text{ kJ}$$

Work done by gravitational force (mg)

Case 1

$$W_g = mg \cdot d$$

$$= mgd$$



$$W_{net} = 0 \text{ K}$$

$$W_g + W_T = \cancel{k_f} - \cancel{k_i} \quad (V_f = V_i) \quad a=0$$

$$W_T = -W_g$$

$$= -mgd$$

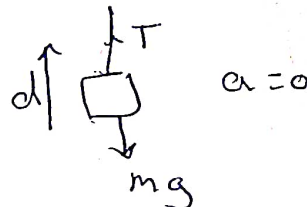
$$, W_T = W_{\text{applied force}}$$

Case 2

$$W_g = mg \cdot d$$

$$= mgd \cos 180$$

$$= -mgd$$



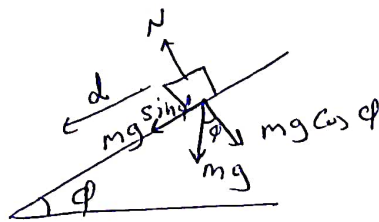
$$W_T = -W_g$$

$$= mgd$$

Case 3

$$W_g = mg \sin \phi \cdot d$$

$$= mg \sin \phi d \cos 0$$

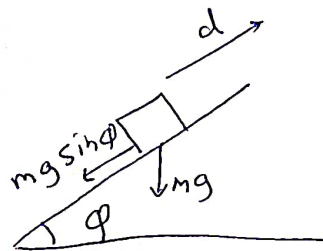


Case 4

$$W_g = mg \sin \phi \cdot d$$

$$= mg \sin \phi d \cos 180$$

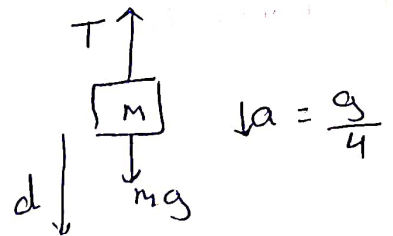
$$= -mgd \sin \phi$$



Problem 21

$$\rightarrow W_g = mgd \cos 0$$

$$W_g = mgd$$



$\rightarrow W_T?$, we want to find $T!$

$$\sum \vec{F} = m \vec{a}$$

$$T - mg = m \left(-\frac{g}{4} \right)$$

$$T = mg - \frac{mg}{4}$$
$$= \frac{3mg}{4}$$

$$W_T = \left(\frac{3mg}{4} \right) d \cos 180$$

$$= -\frac{3}{4} mgd$$

$\rightarrow W_{net}?$

$$W_{net} = W_g + W_T$$

$$= mgd + \frac{-3}{4} mgd$$

$$= \frac{1}{4} mgd$$

$\rightarrow V_f?$

$$W_{net} = \Delta K$$

$$= K_f - K_i$$

$$\frac{1}{4} mgd = \frac{1}{2} m V_f^2 \Rightarrow V_f = \sqrt{\frac{gd}{2}}$$

problem 11

$$\vec{d} = 5\hat{i} - 3\hat{j} + 4\hat{k}$$

$$F = 22\text{ N}$$

Find θ bet. \vec{d} & \vec{F} if:

① $\Delta K = 45\text{ J}$?

$$\begin{aligned}\Delta K = W &= \vec{F} \cdot \vec{d} \\ &= F d \cos \theta\end{aligned}$$

$$d = \sqrt{5^2 + 3^2 + 4^2} = 7.07\text{ m}$$

$$\Rightarrow 45 = 22 \times 7.07 \cos \theta$$

$$\cos \theta = 0.289$$

$$\theta = 73.2^\circ$$

② $\Delta K = -45\text{ J}$

$$\Delta K = F d \cos \theta$$

$$-45 = 22 \times 7.07 \cos \theta$$

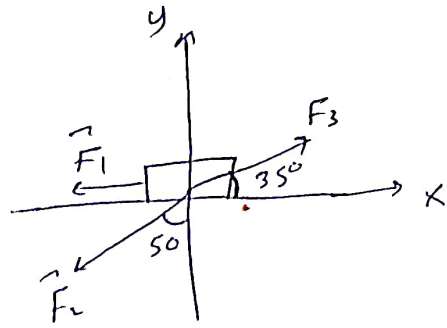
$$\theta = 106.8^\circ$$

Problem 14

$$\vec{F}_1 = 3N \text{ in } -x$$

$$\vec{F}_2 = 4N \text{ , at } \theta = 50^\circ \text{ with } -y \text{ clockwise}$$

$$\vec{F}_3 = 10N \text{ , } \theta = 35^\circ \text{ with } +x \text{ Counter
Clockwise}$$



$$d = 4m \text{ (in the direction of } \vec{F}_{net} \text{)}$$

Find W_{net} ?

$$W_{net} = \vec{F}_{net} \cdot d \\ = F_{net} d \cos \theta$$

To find F_{net} :

$$\sum F_x = -3 + 10 \cos 35 - 4 \cos 40 \\ = 2.13 N$$

$$\sum F_y = 10 \sin 35 - 4 \sin 40 \\ = 3.17 N$$

$$F_{net} = \sqrt{(2.13)^2 + (3.17)^2} \\ = 3.82 N$$

$$W_{net} = (3.82)(4) \cos 0 \\ = 15.3 J$$

Ch: 7, Lec. 2

$$\rightarrow K = \frac{1}{2} m v^2$$

$$\rightarrow W = \vec{F} \cdot \vec{d} = (F \cos \theta) d \quad (\text{work done by constant } \vec{F})$$

$$\rightarrow W_{\text{net}} = \Delta K = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

* Work done by variable \vec{F} :

$$W = \int_{r_i}^{r_f} \vec{F} \cdot d\vec{r} = \text{Area under the curve of } F \text{ vs. } r$$

$$= \int_{r_i}^{r_f} (F_x \hat{i} + F_y \hat{j} + F_z \hat{k}) \cdot (dx \hat{i} + dy \hat{j} + dz \hat{k})$$

$$W = \int_{x_i}^{x_f} F_x dx + \int_{y_i}^{y_f} F_y dy + \int_{z_i}^{z_f} F_z dz$$

Sample problem 8 :

$$\vec{F} = 3x^2 \hat{i} + 4\hat{j} \text{ N}, \quad \text{if the particle moves from } (2, 3) \text{ m} \rightarrow (3, 0) \text{ m}$$

$\begin{matrix} x_i & y_i & & x_f & y_f \end{matrix}$

$$W = \int_{x_i}^{x_f} F_x dx + \int_{y_i}^{y_f} F_y dy$$

$$= \int_2^3 3x^2 dx + \int_3^0 4 dy$$

$$= 3 \left. \frac{x^3}{3} \right|_2^3 + 4y \Big|_3^0$$

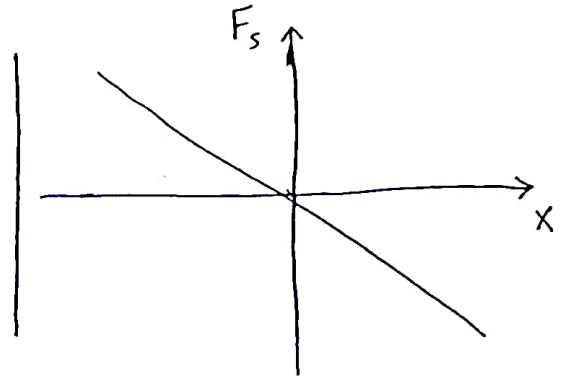
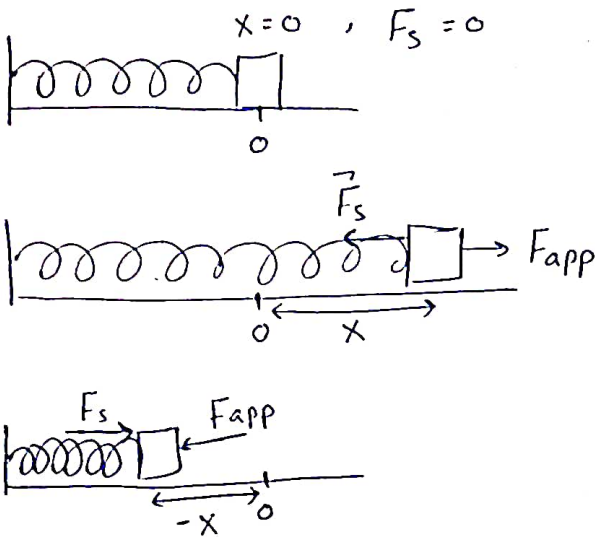
$$= [3^3 - 2^3] + [4(0) - 4(3)]$$

$$= 7 \text{ J} \rightarrow W \text{ is positive} \Rightarrow K_f > K_i$$

if $\vec{r}_i = x_i \hat{i} + y_i \hat{j}$ m , $\vec{r}_f = x_f \hat{i} + y_f \hat{j}$, $y_f = 0$

* Work done by a spring force:

$F_s = -kx$ (Hook's Law) , k : spring constant (N/m)



$$W_s = \int_{x_i}^{x_f} F_x dx = \int_{x_i}^{x_f} -kx dx$$

$$= -k \frac{x^2}{2} \Big|_{x_i}^{x_f}$$

$$= -\frac{1}{2} k x_f^2 + \frac{1}{2} k x_i^2$$

$$W_s = \frac{1}{2} k x_i^2 - \frac{1}{2} k x_f^2$$

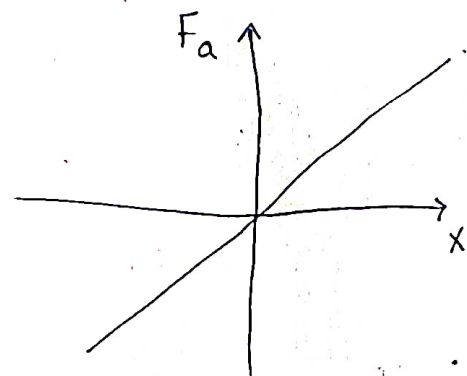
→ work done by the applied force:

if $v_i = v_f$

$W_{net} = \Delta K$

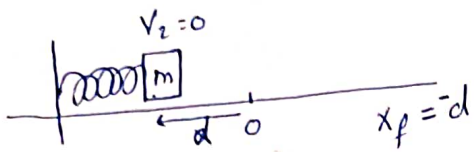
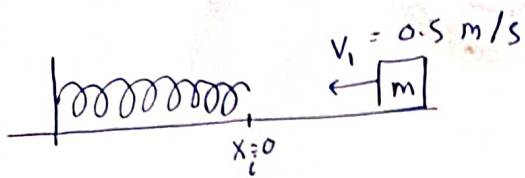
$W_s + W_a = \cancel{K_f} - \cancel{K_i}$

$W_a = -W_s$



Sample problem 7.06:

$m = 0.4 \text{ kg}$, $k = 750 \text{ N/m}$



Find x_f ? ~~$x_f = -d$~~

$$W_s = \int_0^{-d} -kx \, dx = -k \frac{x^2}{2} \Big|_0^{-d}$$

$$= -\frac{k d^2}{2}$$

$W_{net} = \Delta K$

$W_s = K_f - K_i$

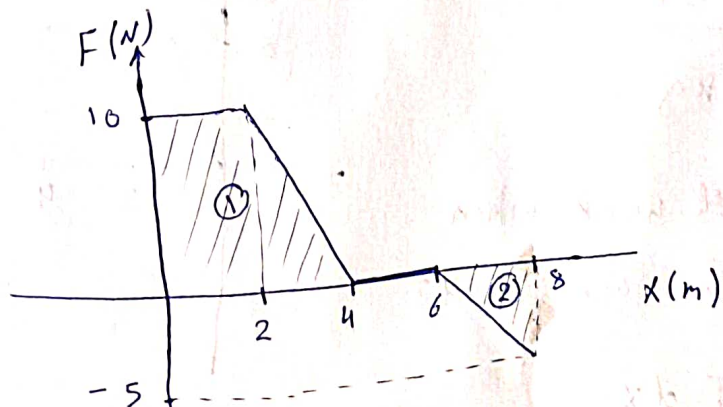
$-\frac{k d^2}{2} = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$

$-\frac{750 d^2}{2} = -\frac{1}{2} (0.4) (0.5)^2$

$d = 1.2 \times 10^{-2} \text{ m} = 1.2 \text{ cm}$

Problem 7-36

Find the work done by this force from $x=0 \rightarrow x=8 \text{ m}$

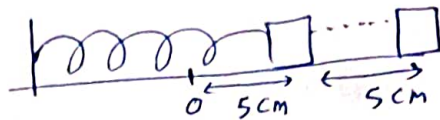


$W = \int_0^8 F \, dx = \text{Area under the curve}$

$$\begin{aligned}
 W &= \text{Area}_{(1)} + \text{Area}_{(2)} \\
 &= \frac{1}{2} (2 + 4) \times 10 + \frac{1}{2} (2)(-5) \\
 &= 25 \text{ J}
 \end{aligned}$$

problem 26

$$k = 5 \times 10^3 \text{ N/m}$$



Find W required to stretch it further by another 5 cm?

$$x_i = 5 \text{ cm}, \quad x_f = 10 \text{ cm}$$

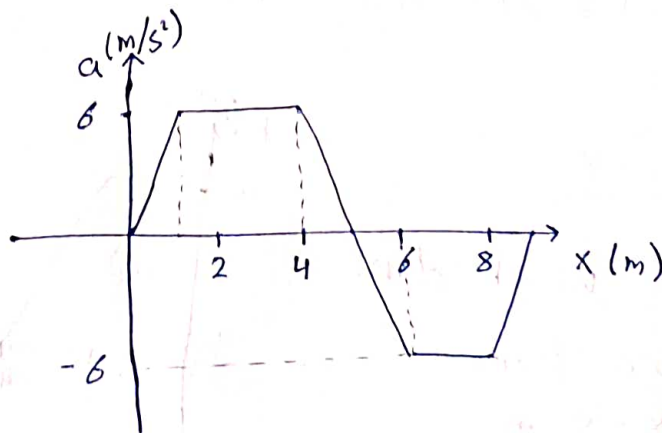
$$\begin{aligned}
 W_s &= \int_{x_i}^{x_f} -kx \, dx = -\frac{1}{2} kx^2 \Big|_{x_i}^{x_f} \\
 &= -\frac{1}{2} kx^2 \Big|_{0.05}^{0.1}
 \end{aligned}$$

$$\begin{aligned}
 &= -\frac{1}{2} (5 \times 10^3) (0.1)^2 + \frac{1}{2} (5 \times 10^3) (0.05)^2 \\
 &= -18.75 \text{ J}
 \end{aligned}$$

problem 37

$$m = 2 \text{ kg}$$

a) Find the work when the particle reaches $x=4$?



$$W = \int_0^4 F \, dx$$

$$= \int_0^4 m a \, dx = m \int_0^4 a \, dx = m (\text{area under the curve } (0 \rightarrow 4))$$

$$W = 2 \left[\frac{1}{2} (4 + 3) 6 \right]$$

$$= 42 \text{ J}$$

d) what is the particle's speed & direction when it reaches $x = 4 \text{ m}$?

$$W = \Delta K$$

$$= K_f - K_i \quad , \text{ the particle start from rest.}$$

$$v_i = 0$$

$$W = \frac{1}{2} m v_f^2$$

$$42 = \frac{1}{2} (2) v_f^2 \Rightarrow v_f = 6.4 \text{ m/s } (+x)$$

* Average power = the time rate of doing work

$$P_{\text{avg}} = \frac{\text{Work}}{\text{time}} = \frac{W}{\Delta t} \text{ (J/s = watt)}$$

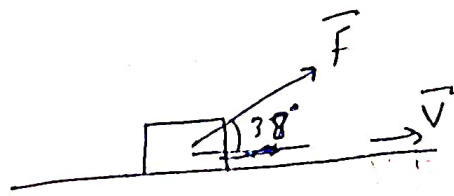
$$P_{\text{inst.}} = \lim_{\Delta t \rightarrow 0} \frac{W}{\Delta t} = \frac{dW}{dt}$$

$$= \frac{d}{dt} (\vec{F} \cdot d)$$

$$= \vec{F} \cdot \vec{v}$$

problem 41

$$F = 125 \text{ N}$$



Find power when $v = 5.5 \text{ m/s}$?

$$\begin{aligned} P_{\text{inst}} &= \vec{F} \cdot \vec{v} = 125 \times 5.5 \cos 38 \\ &= ~~487~~ \text{ watt} \\ &= 541.7 \end{aligned}$$

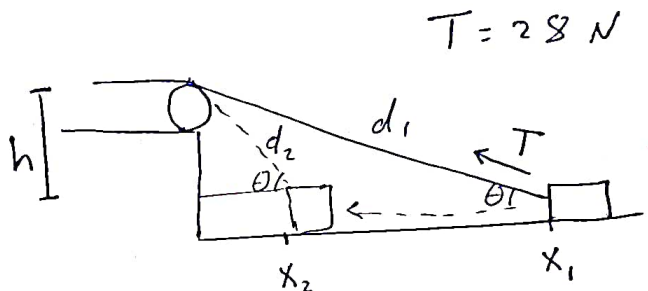
problem 42

Find ΔK ?
 $x_1 = 3 \text{ m}$, $x_2 = 1 \text{ m}$
 $h = 1.25 \text{ m}$

$$W = \Delta K$$

$$W = \vec{F} \cdot \vec{x} = F x \cos \theta, \quad \theta \text{ is variable}$$

$$= F d, \quad d: \text{ is the length of the cord pulled as the cart slides from } x_1 \text{ to } x_2.$$



$$d = d_1 - d_2$$

$$= \sqrt{x_1^2 + h^2} - \sqrt{x_2^2 + h^2}$$

$$= \sqrt{3^2 + (1.25)^2} - \sqrt{1^2 + (1.25)^2}$$

$$= 1.65 \text{ m}$$

$$W = 28 \times 1.65 = 46 \text{ J} = \Delta K$$