Complete the summary of the essay using the words in the box. global Type 2 diabetes is one of the most common health problems today and medical evidence suggests that many more people will have this condition in the future. Long-term problems for people with diabetes include poor vision and the risk of losing a foot high level of in their blood. However, type 2 sugar prevented if people change their diabetes can be lifestyles. The most important changes are to improve our diets, to do more and to stop smoking. exercise

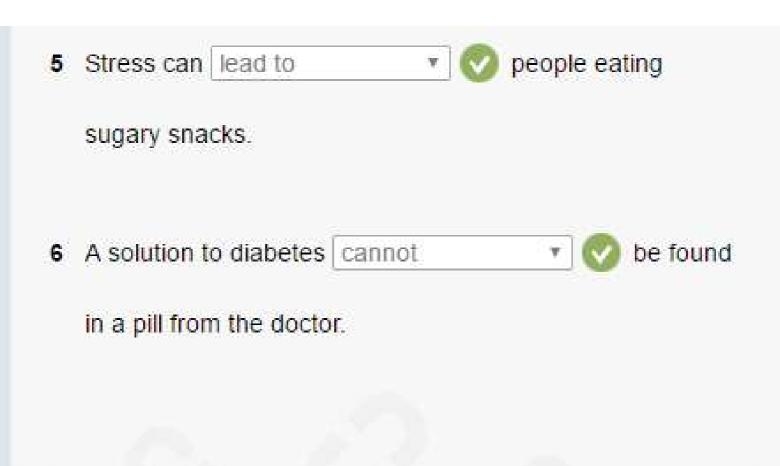
1	It is predicted that by 2030 over 500 million people will have very be 2 diabetes.
	True
	O False
2	Type 2 diabetes is a disease that develops because of our lifestyle choices.
	O True
	False
3	Type 2 diabetes occurs when there is not enough sugar in the blood.
	True
	False
4	The long term problems of diabetes are not well known.
	True
	O False

4	he long term problems of diabetes are not well known.	
	True	
	False	
5	igh blood sugar makes the blood move more slowly round the body.	0
	True	
) False	
6	he worst thing that can happen is that an arm has to be emoved below the ankle.	0
	True	
	False	

Choose the correct words to complete the sentences.

- 1 Diabetes can develop over many years v if we have a poor lifestyle.
- 2 Smoking can cause ▼ ✓ diabetes as it affects blood sugar levels.

- 5 Stress can lead to ▼ ✓ people eating sugary snacks.



Verb	Noun	Adjective
injure	injury	injured
reduce	reduction	reduced
solve	solution	solvable
recognize	recognition	recognizable
educate	education	educational
encourage	encouragement	encouraging

Complete the sentences using the correct forms of the words in brackets. Health education is one way governments can try to improve the health of the 1 people. Start again It is very important for doctors to recognize the early signs of a serious disease or condition. Start again There needs to be a large reduction in the number of people developing type 2 diabetes. Start again After the road accident, all the injured people were taken to the nearest hospital. Start again





8 Team sports



