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HAPTER

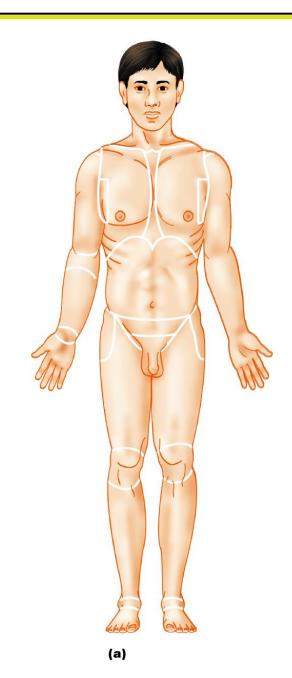
PARTB

The Human Body: An Orientation

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Anatomical Position

 Body erect, feet slightly apart, palms facing forward, thumbs point away from body



- Superior and inferior toward and away from the head, respectively
- Anterior and posterior toward the front and back of the body
- Medial, lateral, and intermediate toward the midline, away from the midline, and between a more medial and lateral structure

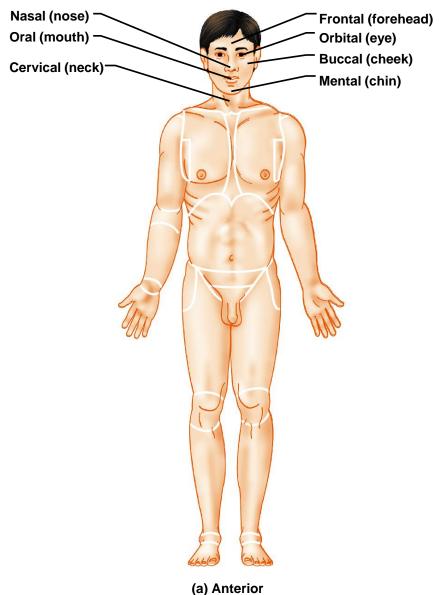
- Proximal and distal closer to and farther from the origin of the body part
- Superficial and deep toward and away from the body surface

TERM	DEFINITION	EXAMPLE	
Superior (cranial)	Toward the head end or upper part of a structure or the body; above		The head is superior to the abdomen
Inferior (caudal)	Away from the head end or toward the lower part of a structure or the body; below		The navel is inferior to the chin
Ventral (anterior)*	Toward or at the front of the body; in front of		The breastbone is anterior to the spine
Dorsal (posterior)*	Toward or at the back of the body; behind		The heart is posterior to the breastbone
Medial	Toward or at the midline of the body; on the inner side of		The heart is medial to the arm
Lateral	Away from the midline of the body; on the outer side of		The arms are lateral to the chest
Intermediate	Between a more medial and a more lateral structure	***	The collarbone is intermediate between the breastbone and shoulder

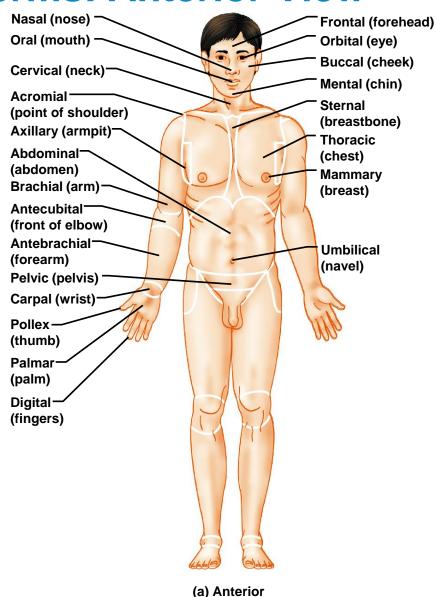
TABLE 1.1 Orientation and Directional Terms TERM DEFINITION **EXAMPLE** Proximal Closer to the origin of the The elbow is proximal to the wrist body part or the point of attachment of a limb to the body trunk Farther from the origin of a Distal The knee is distal to the thigh body part or the point of attachment of a limb to the body trunk Superficial (external) Toward or at the body The skin is superficial to the skeletal muscles surface The lungs are deep to the skin Deep (internal) Away from the body surface; more internal

^{*}The terms ventral and anterior are synonymous in humans, but this is not the case in four-legged animals. Whereas anterior refers to the leading portion of the body (abdominal surface in humans, head in a cat), ventral specifically refers to the "belly" of a vertebrate animal and thus is the inferior surface of four-legged animals. Likewise, although the dorsal and posterior surfaces are the same in humans, the term dorsal specifically refers to an animal's back. Thus, the dorsal surface of four-legged animals is their superior surface.

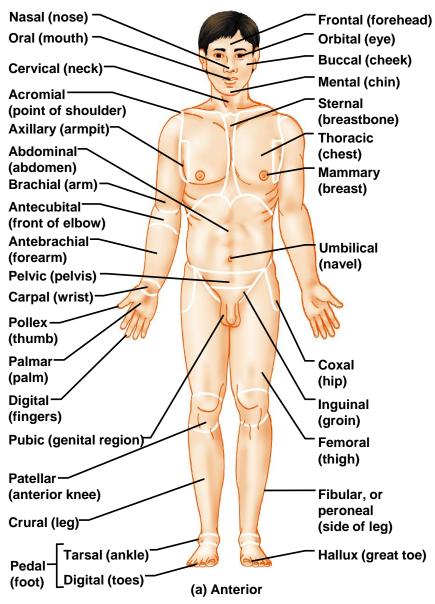
Regional Terms: Anterior View



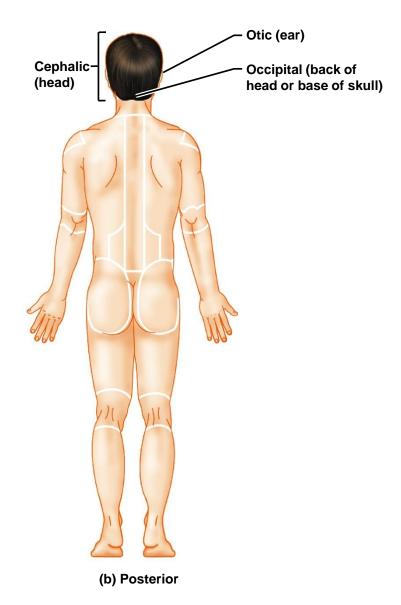
Regional Terms: Anterior View



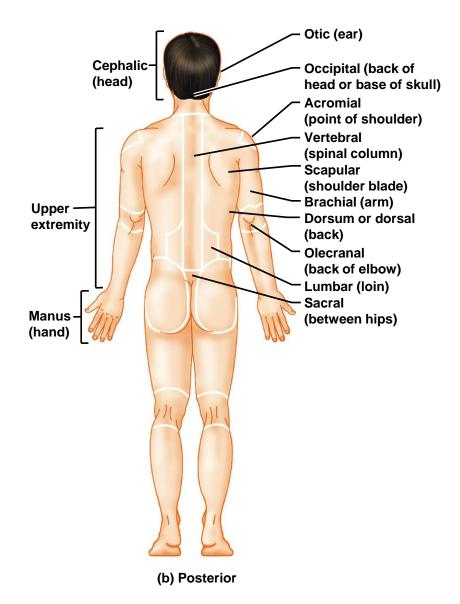
Regional Terms: Anterior View



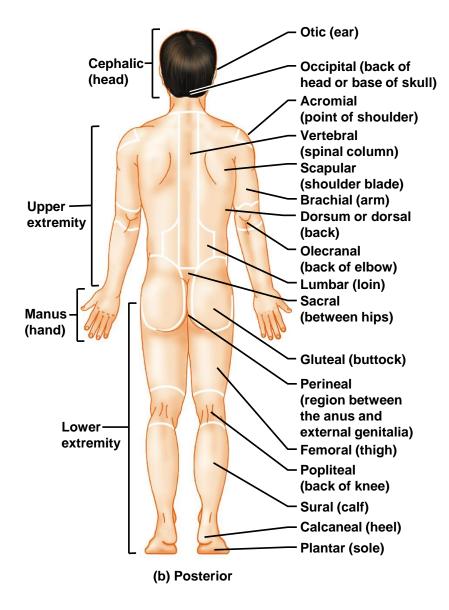
Regional Terms: Posterior View



Regional Terms: Posterior View



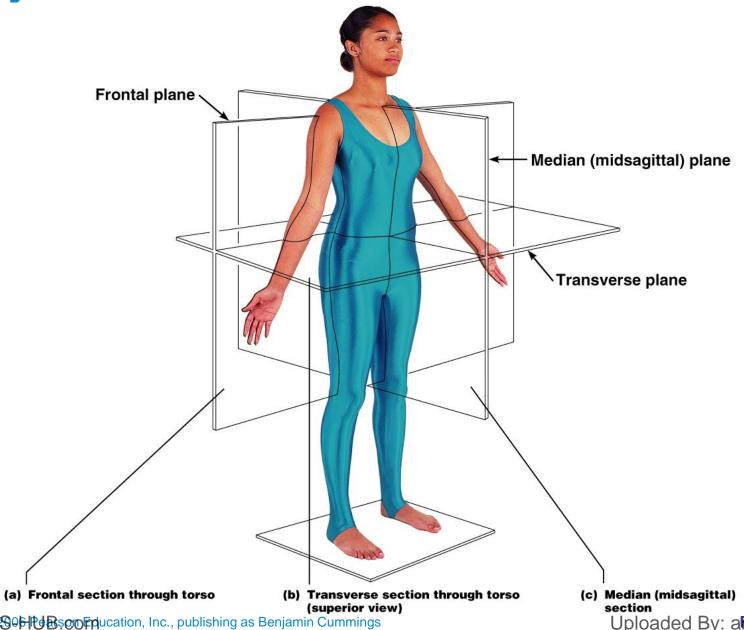
Regional Terms: Posterior View



Body Planes

- Sagittal divides the body into right and left parts
- Midsagittal or medial sagittal plane that lies on the midline
- Frontal or coronal divides the body into anterior and posterior parts
- Transverse or horizontal (cross section) divides the body into superior and inferior parts
- Oblique section cuts made diagonally

Body Planes



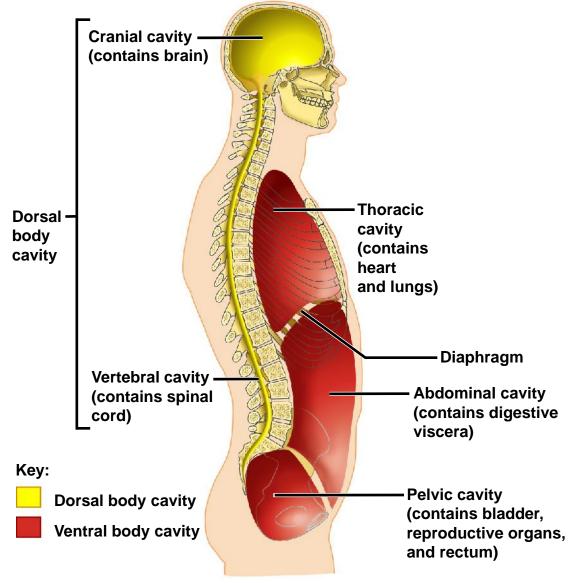
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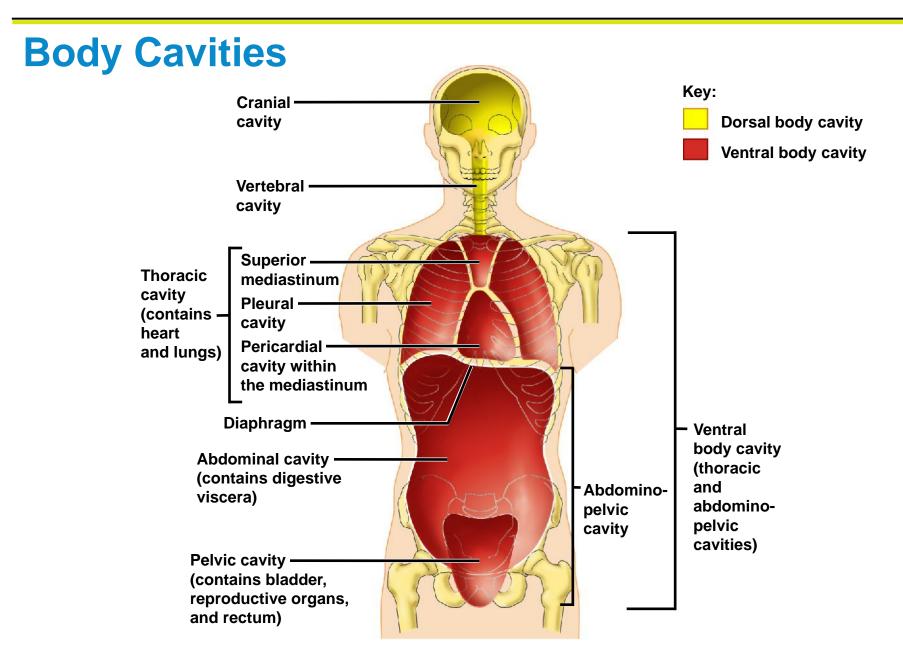
Anatomical Variability

- Humans vary slightly in both external and internal anatomy
- Over 90% of all anatomical structures match textbook descriptions, but:
 - Nerves or blood vessels may be somewhat out of place
 - Small muscles may be missing
- Extreme anatomical variations are seldom seen

- Dorsal cavity protects the nervous system, and is divided into two subdivisions
 - Cranial cavity within the skull; encases the brain
 - Vertebral cavity runs within the vertebral column; encases the spinal cord
- Ventral cavity houses the internal organs (viscera), and is divided into two subdivisions
 - Thoracic
 - Abdominopelvic



(a) Lateral view



(b) Anterior view

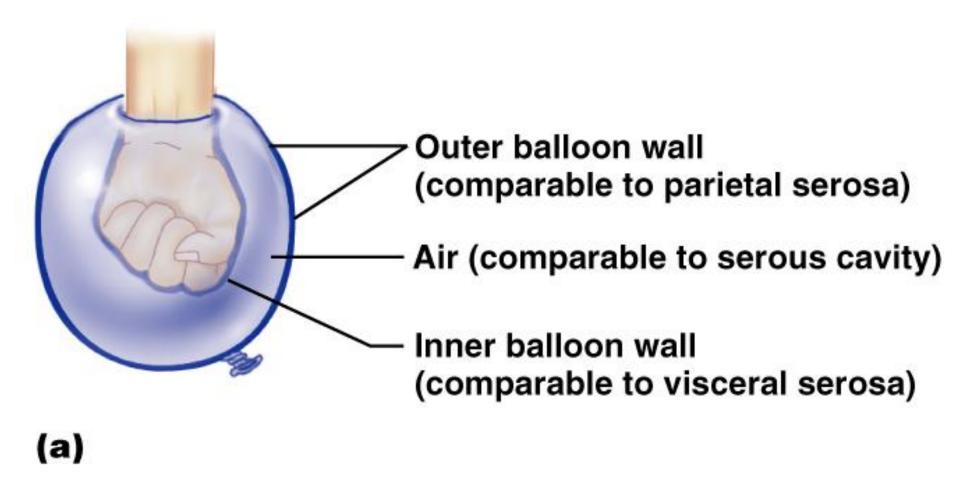
- Thoracic cavity is subdivided into two pleural cavities, the mediastinum, and the pericardial cavity
 - Pleural cavities each houses a lung
 - Mediastinum contains the pericardial cavity;
 surrounds the remaining thoracic organs
 - Pericardial cavity encloses the heart

- The abdominopelvic cavity is separated from the superior thoracic cavity by the dome-shaped diaphragm
- It is composed of two subdivisions
 - Abdominal cavity contains the stomach, intestines, spleen, liver, and other organs
 - Pelvic cavity lies within the pelvis and contains the bladder, reproductive organs, and rectum

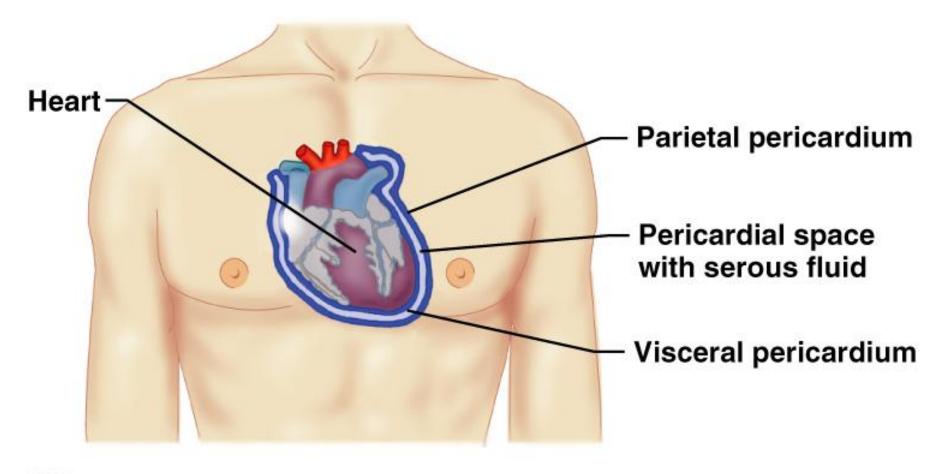
Ventral Body Cavity Membranes

- Parietal serosa lines internal body walls
- Visceral serosa covers the internal organs
- Serous fluid separates the serosae

Serous Membrane Relationship



Heart Serosae



(b)

Other Body Cavities

- Oral and digestive mouth and cavities of the digestive organs
- Nasal –located within and posterior to the nose
- Orbital house the eyes
- Middle ear contains bones (ossicles) that transmit sound vibrations
- Synovial joint cavities

Other Body Cavities

