### **GOALS BANK**

By Ana Paula G. Mumy and Holly Estabrook

## **NOTE:** All Objectives

With (significant, moderate, minimal, no) cuing in (structured, unstructured) activities with 80% accuracy or in 8 of 10 trials.

# Receptive Language

The client will improve receptive language skills in order to functionally communicate with adults and peers.

- Client will understand subjective, objective, and possessive pronouns.
- Client will identify common objects when named.
- Client will identify common objects based on function.
- Client will identify common objects based on feature.
- Client will identify common objects based on class.
- Client will sort common objects based on class.
- Client will follow one step directions.
- Client will follow two+ step directions.
- Client will demonstrate knowledge of quantitative concepts.
- Client will demonstrate knowledge of qualitative concepts.
- Client will demonstrate knowledge of time/sequence concepts.
- Client will demonstrate knowledge of spatial concepts.
- Client will identify primary and secondary body parts.
- Client will understand negation.
- Client will be able to answer wh- questions appropriately.

## **Expressive Language**

The client will improve expressive language skills in order to functionally communicate with adults and peers.

- Client will increase vocalizations and word approximations.
- Client will use words to express wants and needs.
- Client will name common objects.
- Client will name target vocabulary given a verbal description.
- Client will increase mean length of utterance.
- Client will use single words to request, comment, protest, and question.
- Client will use 2+ word combinations to request, comment, protest, and question.
- Client will decrease use of echolalia.
- Client will use age-appropriate grammar/syntax to form meaningful sentences.
- Client will combine at least 3 words appropriately (subject-verb-object) to form sentences.

- Client will use appropriate subjective, objective, and possessive pronouns to form sentences.
- Client will use appropriate verbs (present, progressive, past, future) to form sentences.
- Client will use quantitative concepts.
- Client will use qualitative concepts.
- Client will use time/sequence concepts.
- Client will use spatial concepts.
- Client will name items belonging to a given category.
- Client will define age-appropriate vocabulary words.
- Client will describe age-appropriate objects, pictures, and events.
- Client will be able to formulate wh- questions.
- Client will increase speech intelligibility in words.
- Client will increase speech intelligibility in sentences.
- Client will increase speech intelligibility in conversation.
- Client will complete oral-motor exercises to increase labial function.
- Client will complete oral-motor exercises to increase velar function.
- Client will complete oral-motor exercises to increase lingual function.
- Client will learn oral postures or points and manner of articulation for individual target sounds.
- Client will sequence articulatory movements to form words.
- Client will contrast target words with minimal pairs.

# **Pragmatics**

The client will improve pragmatic language skills in order to functionally communicate with adults and peers.

- Client will maintain appropriate eye contact during communicative interactions.
- Client will attend to a play-based activity for at least 3-5 minutes.
- Client will engage in functional/pretend play activities.
- Client will take at least 3-5 turns during a structured activity.
- Client will initiate a conversation.
- Client will maintain a conversation for at least 2 minutes.
- Client will increase joint attention in obligatory contexts.
- Client will engage in joint action routines.
- Client will define and use developmentally appropriate abstract language.
- Client will verbalize an accurate interpretation of others' emotions, feelings, and points of view.
- Client will gain another person's attention appropriately.
- Client will replace challenging behaviors with meaningful communication.

### Hearing

The client will improve auditory listening skills in order to functionally communicate with adults and peers.

- Client will detect sounds.
- Client will discriminate sounds.
- Client will identify sounds.
- Client will comprehend sounds.
- Client will discriminate vowels.
- Client will identify vowels.
- Client will comprehend vowels.
- Client will discriminate consonants.
- Client will identify consonants.
- Client will comprehend consonants.
- Client will discriminate words.
- Client will identify words.
- Client will comprehend words.
- Client will discriminate sentences.
- Client will identify sentences.
- Client will comprehend sentences.
- Client will comprehend conversations.
- Client will identify changes in duration of presented sounds.
- Client will identify loudness levels.
- Client will identify varying pitches.
- Client will identify varying rhythm, stress and intonation patterns.

#### AAC

The client will use augmentative alternative communication to functionally communicate with adults and peers.

- Client will recall icon sequence to access desired vocabulary.
- Client will link icons and/or pictures to request, comment, protest, and question.
- Client will link icons and/or pictures to generate simple noun-verb phrases.
- Client will use pronoun phrases during structured conversations.
- Client will indicate an accurate yes/no response.

## **Fluency**

The client will improve fluency skills in order to functionally communicate with adults and peers.

- Client will demonstrate increased awareness and control of rate of speech.
- Client will understand and use different rates of speech with correct breathing.
- Client will be monitor even speech rate.
- Client will increase awareness of own speech production by identifying characteristics of fluent and disfluent speech.
- Client will stutter/stop/repeat/analyze stuttering moments.
- Client will understand and use easy onsets to decrease tension in the articulators during a stuttering moment.

- Client will understand and use light contacts to decrease tension in the articulators during a stuttering moment.
- Client will understand and use sliding as a voluntary technique to reduce stuttering.
- Client will understand and use bouncing as a voluntary technique to reduce stuttering.
- Client will understand and use cancellations or pull-outs as a technique to decrease suttering.
- Client will increase intelligibility, speaking slowly, and adding emphasis to unstressed syllables.
- Client will maintain fluency in a variety of speaking situations in everyday settings.

#### Voice

The client will improve voice quality in order to functionally communicate with adults and peers.

- Client will engage in speech at the conversational level using functional phonation.
- Client will engage in speech at the conversational level using acceptable habitual pitch.
- Client will engage in speech at the conversational level using balanced resonance.
- Client will engage in speech at the conversational level using appropriate prosody.

# Cognitive

- Client will consistently use compensatory strategies to aid memory.
- Client will provide accurate information on time, date, and simple schedule of activities.
- Client will carry out directives of increasing complexity in everyday activities.
- Client will sequence events of daily living in correct chronological order.
- Client will demonstrate improved word-finding skills.
- Client will demonstrate improved verbal categorization skills.
- Client will provide reasonable solutions to problems of everyday living.
- Client will recount recent events, accurately nothing salient information.

### **Swallowing**

- Client will increase the strength of the lips and cheeks for adequate retention and manipulation of food in the oral cavity.
- Client will hold food and liquid in the mouth without spillage from the lips.
- Client will chew food sufficiently within 10 seconds per mouthful.
- Client will use coordinated tongue movements to manipulate food into a cohesive bolus.
- Client will propel the bolus, using coordinated tongue movements, to the rear of the oral cavity.
- Client will initiate the swallow reflex within one to two seconds.
- Client will increase the variety and texture of foods eaten.
- Client will demonstrate adequate oral intake on the least restrictive diet using appropriate eating utensils.