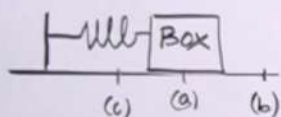
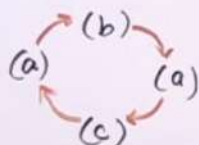


## Oscillations of Springs

① A solid object attached to a spring that moves the object back and forth along a frictionless horizontal surface is said to oscillate.

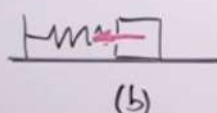
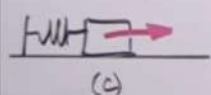


One cycle is defined as:

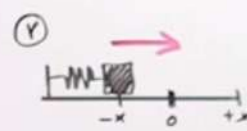
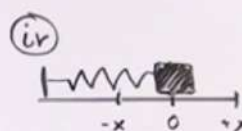
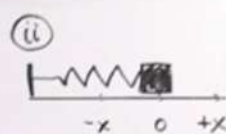
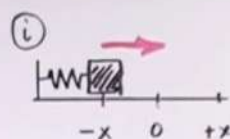


When the object oscillates over and over with the same period, the oscillation is called periodic.

Point (a) is called the equilibrium position.



$$F = -k\Delta x$$



(i) We compress the spring a distance  $-x$ . The spring exerts a force on mass, accelerating it in (+) direction.

(ii) Object has inertia, so it passes the equilibrium point.

Note at  $x=0$ , spring does not exert a force on mass. Also, the mass reaches a maximum velocity at  $x=0$ .

(iii) As object travels past  $x=0$ , the force in spring slows the mass down and it stops for an instant at  $+x$ .

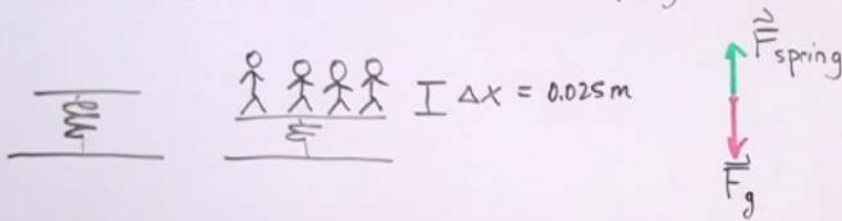
Displacement: distance from equilibrium position

Frequency: # of cycles per second

Amplitude: greatest displacement from equilibrium point

Four people get into a car that has a mass of 2000 kg and the springs in the car compress a distance of 2.5 cm. Assuming that the car has one spring, find

① the mass of the four people if the spring constant is  $7.0 \times 10^4 \text{ N/m}$ .



$$mg = k \Delta x$$

$$m = \frac{k \Delta x}{g}$$

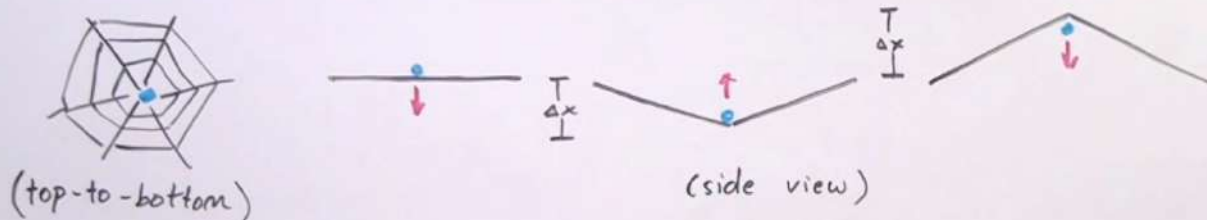
$$m = \frac{(7.0 \times 10^4 \text{ N/m})(0.025 \text{ m})}{9.8 \text{ m/s}^2} = \boxed{179 \text{ kg}}$$

② the spring constant if the four people weigh a total of 250 kg.

$$mg = k \Delta x \Rightarrow k = \frac{mg}{\Delta x} = \frac{(250 \text{ kg})(9.8 \text{ m/s}^2)}{0.025 \text{ m}} = \boxed{9.8 \times 10^4 \text{ N/m}}$$

A small insect is caught on the web of a spider and the web oscillates with a frequency of 5.0 Hz.

① Calculate the value of spring stiffness constant  $k$ , if the insect is 0.40 grams.

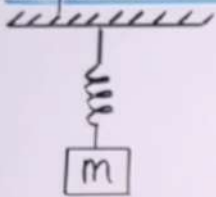


$$f = \frac{1}{2\pi} \sqrt{\frac{k}{m}} \Rightarrow (2\pi f)^2 m = k \Rightarrow k = (2\pi \cdot 5 \text{ s}^{-1})^2 (0.0004 \text{ kg}) = \boxed{0.39 \text{ N/m}}$$

② Find the frequency if another insect landed with on the web w/ a mass of 0.8 grams.

$$f = \frac{1}{2\pi} \sqrt{\frac{k}{m}} = \frac{1}{2\pi} \sqrt{\frac{0.39 \text{ N/m}}{0.0008 \text{ kg}}} = \boxed{3.51 \text{ Hz}}$$

## Simple Harmonic Motion



We would like to determine a function for position of mass with respect to time  $x(t) = ?$

$$\textcircled{1} \sum \vec{F} = m \cdot \vec{a} \quad \Rightarrow \quad -kx = m \frac{d^2x}{dt^2}$$

$$\textcircled{2} \boxed{m \frac{d^2x}{dt^2} + kx = 0} \quad \left[ \begin{array}{l} \text{equation of motion} \\ \text{for SHO} \end{array} \right]$$

Guess:  $x(t) = A \cos(\omega t + \phi)$

Let  $x = x(t)$ :

$$\frac{dx}{dt} = x'(t) = -A \sin(\omega t + \phi) \omega = -\omega A \sin(\omega t + \phi)$$

$$\frac{d^2x}{dt^2} = x''(t) = -A \omega \cos(\omega t + \phi) \omega = -A \omega^2 \cos(\omega t + \phi)$$

$$m(-A \omega^2 \cos(\omega t + \phi)) + k A \cos(\omega t + \phi)$$

$$\Rightarrow -A \omega^2 \cos(\omega t + \phi) + \frac{k}{m} A \cos(\omega t + \phi)$$

$$\Rightarrow \left( \frac{k}{m} - \omega^2 \right) A \cos(\omega t + \phi) = 0 ?$$

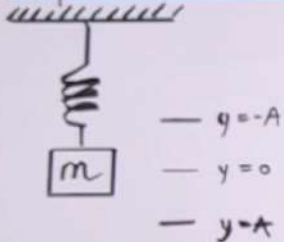
Solution: If  $\boxed{\frac{k}{m} = \omega^2}$ , then equation is equal to zero.

$$\textcircled{2} \text{ Since } \omega = 2\pi f / T = 1/f :$$

$$\textcircled{a} \quad f = \frac{1}{2\pi} \sqrt{k/m} \quad \textcircled{b} \quad T = 2\pi \sqrt{m/k}$$

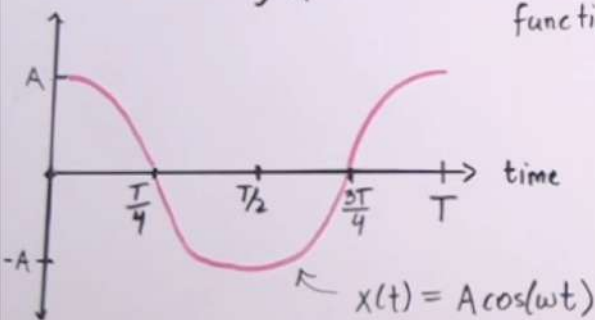
\* frequency does not depend on amplitude!

## Simple Harmonic Oscillation



$$x(t) = A \cos(\omega t + \phi)$$

$A$ : = highest displacement  
 $\phi$ : = how far to the right or left the cosine function begins



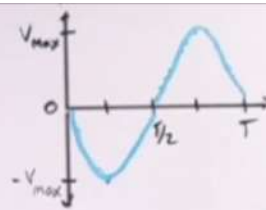
velocity:

$$v = x'(t) = -A\omega \sin(\omega t)$$

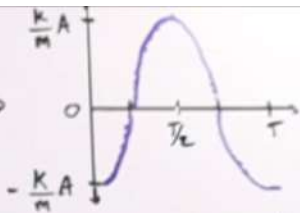
acceleration:

$$a = x''(t) = -A\omega^2 \cos(\omega t)$$

} velocity and acceleration also vary sinusoidally



velocity vs time



acceleration vs time

Maximum Velocity:

$$v = -A\omega \sin(\omega t) \Rightarrow v_{\max} = \pm A\omega$$

Since  $\omega^2 = k/m \Rightarrow v_{\max} = A \cdot \sqrt{k/m}$

Maximum Acceleration:

$$a = -A\omega^2 \cos(\omega t) \Rightarrow a_{\max} = \pm A\omega^2$$

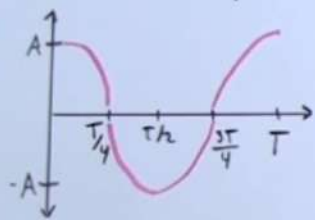
Since  $\omega^2 = k/m \Rightarrow a_{\max} = \frac{AK}{m}$

Example: If the floor vibrates with a frequency of 20 Hz and the amplitude of the floor is 4 mm, calculate the maximum acceleration.

$$a_{\max} = A\omega^2 = A(2\pi f)^2 = (0.004 \text{ m})(2\pi \cdot 20 \text{ s}^{-1})^2 = 63 \frac{\text{m}}{\text{s}^2}$$

A certain loudspeaker experiences simple harmonic oscillation at a frequency of 300 Hz. The amplitude at center of loudspeaker is  $2.0 \times 10^{-4} \text{ m}$  and at time of 0 seconds, begins at  $y = A$ .

① What equation describes motion of loudspeaker?



$$x(t) = A \cos(\omega t + \phi)$$

$\phi$ : Since at  $t=0$ , the displacement is equal to the amplitude, the  $\phi = 0$ .

$$\omega: \omega = 2\pi f = 2\pi(300 \text{ s}^{-1}) = 600\pi \frac{\text{rad}}{\text{s}}$$

$$x(t) = 0.0002 \cos(600\pi t)$$

$$A: 0.0002 \text{ m}$$

② Find the maximum velocity and maximum acceleration.

$$v_{\max} = A \cdot \omega = (2 \times 10^{-4} \text{ m})(600\pi \frac{\text{rad}}{\text{s}}) = 0.12\pi \frac{\text{m}}{\text{s}} \quad a_{\max} = A \omega^2 = (2 \times 10^{-4} \text{ m})(600\pi)^2 = 72\pi^2 \frac{\text{m}}{\text{s}^2}$$

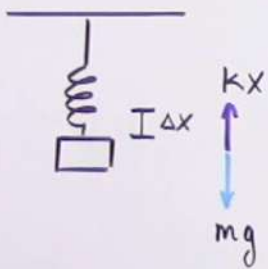
③ Find the position at  $t = 3.0$  seconds.

$$x(t) = 0.0002 \cos(600\pi t) \Rightarrow x(3) = 0.0002 \cos(1800\pi) = 2 \times 10^{-4} \text{ m}$$



A certain spring stretches 0.2m when a 0.4 kg mass is attached to it (vertically). We then set up the spring horizontally with the same mass resting on a frictionless table. The mass is pushed so that the spring compresses a distance of 0.12m and released. Assume SHM,

Ⓐ Calculate the spring stiffness constant and angular frequency?



$$mg = kx$$

$$k = \frac{mg}{\Delta x}$$

$$k = \frac{(0.4\text{kg})(9.8\text{ m/s}^2)}{(0.2\text{m})} = \boxed{196\text{ N/m}}$$

$$\omega^2 = k/m$$

$$\omega = \sqrt{k/m}$$

$$\omega = \sqrt{\frac{196\text{ N/m}}{0.4\text{ kg}}} = \boxed{7\frac{\text{rad}}{\text{s}}}$$

Ⓑ Find the maximum velocity and maximum acceleration:

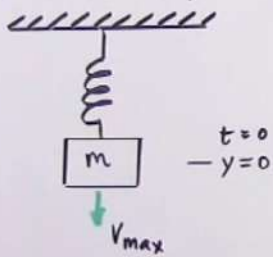
$$v_{\text{max}} = A\omega = (0.12\text{m})(7\text{ rad/s}) = \boxed{0.84\text{ m/s}} \quad a_{\text{max}} = A\omega^2 = (0.12\text{m})(7\text{ rad/s})^2 = \boxed{5.88\text{ m/s}^2}$$

Ⓒ Find the frequency and period of oscillation:

$$f = \frac{\omega}{2\pi} = \frac{7\text{ rad/s}}{2\pi} = \boxed{1.11\text{ Hz}} \quad T = \frac{1}{f} = \frac{1}{1.11\text{ Hz}} = \boxed{0.9\text{ sec}}$$

A vertical spring with a stiffness constant  $400 \text{ N/m}$  oscillates with an amplitude of  $30 \text{ cm}$  when a mass of  $0.4 \text{ kg}$  hangs from it. If the mass passes through the equilibrium point with a positive velocity at  $t = 0$  seconds (Assume SHM),

Ⓐ Find the equation that describes the motion.

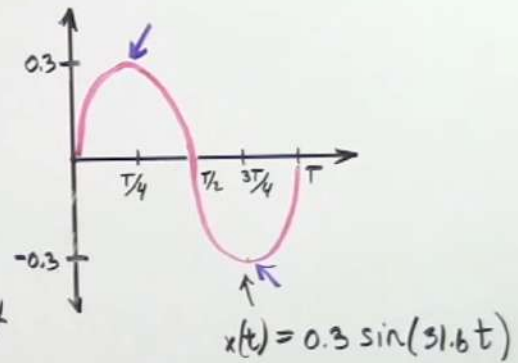


$$x(t) = A \sin(\omega t + \phi)$$

$$x(t) = 0.3 \sin(\omega t)$$

Since  $\omega^2 = k/m$ , then

$$\omega = (k/m)^{1/2} = \left(\frac{400 \text{ N/m}}{0.4 \text{ kg}}\right)^{1/2} = 31.6 \frac{\text{rad}}{\text{s}}$$



Ⓑ At what time will spring be longest and shortest?

$$\omega = 2\pi f \Rightarrow \omega = \frac{2\pi}{T} \Rightarrow T = \frac{2\pi}{\omega} = \frac{2\pi}{31.6 \frac{\text{rad}}{\text{s}}} = 0.2 \text{ sec}$$

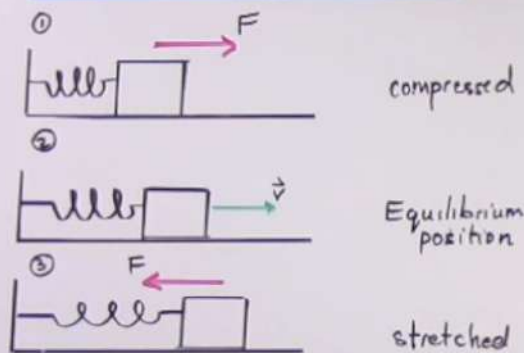
$$T/4 = \frac{0.2}{4} = 0.05 \text{ sec}$$

$$3T/4 = \frac{3(0.2)}{4} = 0.15 \text{ sec}$$

$$\begin{bmatrix} x(0.05) = 0.3 \sin(31.6 \cdot 0.05) = 0.3 \\ x(0.15) = 0.3 \sin(31.6 \cdot 0.15) = -0.3 \end{bmatrix} \text{ check}$$



## Energy in Simple Harmonic Motion



- ① Mass is fully compressed, so all the energy is stored in the spring as elastic potential energy.

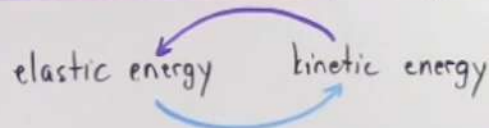
$$U = \frac{1}{2} k x^2$$

- ② The displacement is zero, so all elastic potential energy has been transformed into kinetic energy

$$\frac{1}{2} m v_{\max}^2$$

- ③ Spring is fully stretched and all kinetic energy has been transformed back into elastic potential energy.

①  $\frac{1}{2} m v^2 + \frac{1}{2} k x^2 = E$  As long as there is no friction, energy is conserved.



Recall:  $x(t) = A \cos(\omega t + \phi)$  and  $v(t) = -A \omega \sin(\omega t + \phi)$

$$\frac{1}{2} m \omega^2 A^2 \sin^2(\omega t + \phi) + \frac{1}{2} k A^2 \cos^2(\omega t + \phi) = E \quad \boxed{\omega^2 = k/m}$$

$$\Rightarrow \frac{1}{2} \frac{m k}{m} A^2 \sin^2(\omega t + \phi) + \frac{1}{2} k A^2 \cos^2(\omega t + \phi) = E$$

$$\Rightarrow \frac{1}{2} k A^2 [\sin^2(\omega t + \phi) + \cos^2(\omega t + \phi)] = E$$

$$\Rightarrow \boxed{\frac{1}{2} k A^2 = E} \quad \text{②}$$

$$\frac{1}{2} k A^2 = \frac{1}{2} m v^2 + \frac{1}{2} k x^2 \Rightarrow \boxed{v = \pm \sqrt{\frac{k}{m} (A^2 - x^2)}}$$

A 2.0 kg mass oscillates according to equation  $x(t) = 0.7 \cos(8t)$ .

① Determine the amplitude of oscillation

$$x(t) = A \cos(\omega t + \phi)$$

↑  
maximum displacement

$$\boxed{A = 0.7 \text{ m}}$$

② Determine the period.

$$\omega = \frac{2\pi}{T} \Rightarrow T = \frac{2\pi}{\omega} = \frac{2\pi}{8 \text{ rad/s}} = \boxed{\frac{\pi}{4} \text{ seconds}}$$

③ Determine the total energy:

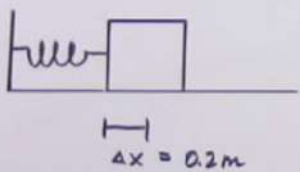
$$E = \frac{1}{2}mv^2 + \frac{1}{2}kx^2 = \frac{1}{2}KA^2 = \frac{1}{2}mv_{\max}^2 \Rightarrow \begin{cases} \omega^2 = k/m \\ k = m\omega^2 \end{cases} \Rightarrow E = \frac{1}{2}(m\omega^2)A^2 = \boxed{31.36 \text{ J}}$$

④ Find velocity at  $x = 0.2 \text{ m}$

$$v = \sqrt{\frac{k}{m}(A^2 - x^2)} = \sqrt{\omega^2(A^2 - x^2)} = \boxed{5.4 \text{ m/s}}$$

An object with an unknown mass is resting on a frictionless surface and is attached to a coil spring. 4.0 Joules of work is required to compress the spring a distance of 0.2 m. If the mass is compressed to that distance and released, it reaches a maximum acceleration of  $17 \text{ m/s}^2$ .

(a) Calculate spring stiffness constant



$$U = \frac{1}{2} K x^2 \Rightarrow K = \frac{2U}{x^2} = \frac{2(4.0 \text{ J})}{(0.2 \text{ m})^2} = \boxed{200 \text{ N/m}}$$

(b) Calculate the mass.

$$\sum F_{\text{max}} = m a_{\text{max}} \Rightarrow Kx = ma \Rightarrow m = \frac{Kx}{a}$$

$$m = \frac{(200 \text{ N/m})(0.2 \text{ m})}{17 \text{ m/s}^2} = \boxed{2.35 \text{ kg}}$$

A certain spring is attached to a mass of  $0.500 \text{ kg}$ . If it has a spring constant of  $25.0 \text{ N/m}$  and the oscillation has an amplitude of  $0.15 \text{ m}$ ,

Ⓐ calculate the total energy

$$E_{\text{total}} = \frac{1}{2}mv^2 + \frac{1}{2}kx^2 = \frac{1}{2}kA^2 \Rightarrow \frac{1}{2}kA^2 = \frac{1}{2}(25 \text{ N/m})(0.15 \text{ m})^2 = \boxed{0.28 \text{ J}}$$

Ⓑ find the potential and kinetic energy equations w/ respect to time.

$$\begin{aligned} x(t) &= A \cos(\omega t + \phi) \Rightarrow x(t) = 0.15 \cos(7.1 t) \\ v(t) &= -\omega A \sin(\omega t + \phi) \Rightarrow v(t) = -1.06 \sin(7.1 t) \end{aligned} \quad \left| \quad \begin{aligned} U &= \frac{1}{2}kx^2 = \boxed{0.28 \cos^2(7.1 t)} \\ K &= \frac{1}{2}mv^2 = \boxed{0.28 \sin^2(7.1 t)} \end{aligned} \right.$$

$$\left[ \omega^2 = k/m \Rightarrow \omega = \sqrt{k/m} \right] \Rightarrow \omega = 7.1 \frac{\text{rad}}{\text{s}}$$

Ⓒ find the velocity when mass is  $0.06 \text{ m}$  from equilibrium point.

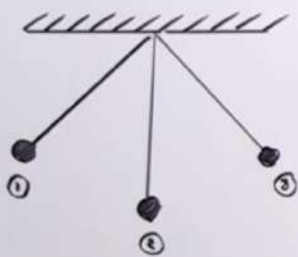
$$\frac{1}{2}kA^2 = \frac{1}{2}mv^2 + \frac{1}{2}kx^2 \Rightarrow v = \sqrt{\frac{k}{m}(A^2 - x^2)} = \boxed{0.97 \text{ m/s}}$$

Ⓓ find the kinetic energy at  $A/2$ .

$$U = \frac{1}{2}kx^2 \Rightarrow U = \frac{1}{2}(25)(0.075)^2 = 0.07 \text{ J} \quad K = E_{\text{total}} - U = \boxed{0.21 \text{ J}}$$

## Simple Pendulum

- ① A SIMPLE PENDULUM CONSISTS OF A SMALL MASS SUSPENDED BY A ROPE. IF WE NEGLECT THE MASS OF ROPE AND ANY FRICTION, THEN THE MOTION THE MASS MAKES IS SIMPLE HARMONIC.

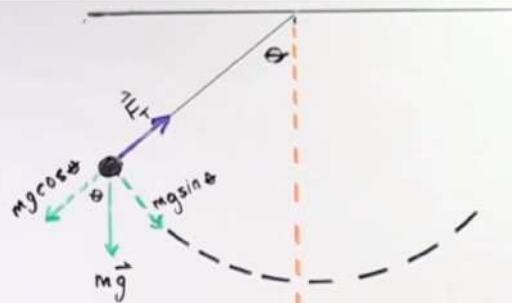


- ② EQUILIBRIUM POSITION  
① & ③ MAXIMUM DISPLACEMENT

Force:

$$F = -mg \sin \theta \quad \left\{ \begin{array}{l} \text{the force is directly proportional} \\ \text{to sine of the angular displacement} \end{array} \right.$$

If we let  $\theta$  be very small, then we can assume  $\theta \approx \sin \theta$ .



angle in radians rope makes w/ y-axis  
 $\theta = \frac{x}{l} \Rightarrow x = \theta l$  ← length of rope

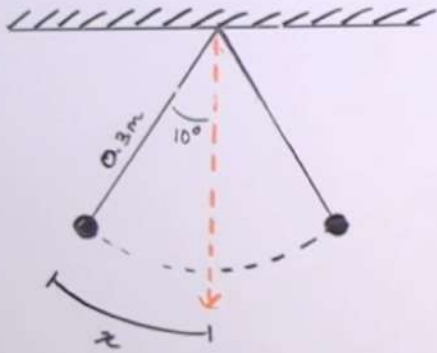
$$F = -mg \sin \theta \approx -mg \theta = \boxed{-\frac{mgx}{l}} \quad \times \text{ For small } \theta \text{ displacement, we have SHM.}$$

$$\Rightarrow F \approx \underbrace{-\frac{mg}{l}} \cdot x = \underbrace{-K}_{\Rightarrow K = \frac{mg}{l}} x$$

Since:

$$\omega = \sqrt{\frac{K}{m}} \Rightarrow \boxed{\omega = \sqrt{\frac{g}{l}}} \Rightarrow \boxed{f = \frac{1}{2\pi} \sqrt{\frac{g}{l}}}$$

A simple pendulum is 0.30 m long. At  $t=0$ s, it is released from rest at an angle of  $10^\circ$ . Assuming SHM, calculate the angular position at (a)  $t=0.35$ s (b)  $t=3.0$  sec



$$x(t) = \underbrace{A}_{\uparrow} \cos(\underbrace{\omega t}_{\uparrow} + \underbrace{\phi}_{\uparrow})$$

$\phi = 0$  (because at  $t=0$ , the oscillation begins at maximum disp.)

$$A = x = \theta l$$

$$\omega = \sqrt{\frac{k}{m}} = \sqrt{\frac{g}{l}}$$

$$x(t) = \theta l \cos(\sqrt{\frac{g}{l}} t) = \frac{0.3\pi}{18} \cos(5.72t)$$

$$\left[ \begin{array}{l} 180^\circ - \pi \text{ radians} \\ 10^\circ - \frac{10^\circ}{180^\circ} \pi \text{ radians} \end{array} \right]$$

$$\textcircled{a} \ x(0.35s) = -0.022 \text{ m}$$

$$\textcircled{b} \ x(3) = -0.0062 \text{ m}$$

$$\theta = \frac{x}{l} = \frac{-0.022}{0.3} = -0.73 \text{ rad}$$

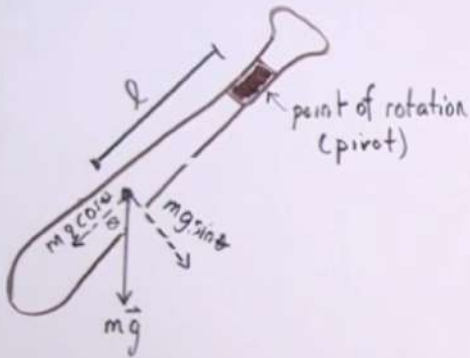
$$\theta = \frac{x}{l} = \frac{-0.0062}{0.3} = -0.021 \text{ rad}$$

$$\Rightarrow \boxed{-4.02^\circ}$$

$$\Rightarrow \boxed{-1.18^\circ}$$



## Physical Pendulum



$$\textcircled{1} \tau = -l F_{\perp} = -lmg \sin \theta$$

$$\textcircled{2} \text{ Since } \Sigma \tau = I \alpha = I \frac{d^2 \theta}{dt^2}$$

$$\textcircled{3} \Rightarrow I \frac{d^2 \theta}{dt^2} = -lmg \sin \theta$$

$$\textcircled{4} I \frac{d^2 \theta}{dt^2} + lmg \sin \theta = 0$$

If we assume  $\theta$  is small,  $\theta \approx \sin \theta$

$$\textcircled{5} \boxed{I \frac{d^2 \theta}{dt^2} + lmg \theta = 0} \quad \left[ \text{for small angular displacements} \right]$$

Recall:  $m \frac{d^2 x}{dt^2} + kx = 0$

solution:

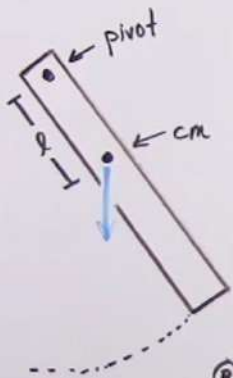
$$x(t) = A \cos(\omega t + \phi)$$

Hence:  $\theta(t) = \theta_{\max} \cos(\omega t + \phi)$

In  $\textcircled{5}$ :  $\frac{d^2 \theta}{dt^2} + \frac{lmg}{I} \theta = 0 \Rightarrow \frac{k}{m} = \frac{mgl}{I}$

$$\Rightarrow \omega = \sqrt{k/m} = \sqrt{\frac{mgl}{I}} \Rightarrow \boxed{f = \frac{1}{2\pi} \sqrt{\frac{mgl}{I}}}$$

Suppose that a nonuniform 2.0 kg is balanced at a point 32 cm from one of its ends. When we pivot this object at that point, it oscillates under SHM with a frequency of  $0.5 \text{ s}^{-1}$ . Find the moment of inertia of this object.



Recall:

$$f = \frac{1}{2\pi} \sqrt{\frac{mgl}{I}} \Rightarrow I = \frac{mgl}{(2\pi f)^2} \quad I = \frac{(2 \text{ kg})(9.8 \text{ m/s}^2)(0.52 \text{ m})}{(2\pi \cdot 0.5 \text{ s}^{-1})^2}$$

$$I = \boxed{1.03 \text{ kg} \cdot \text{m}^2}$$

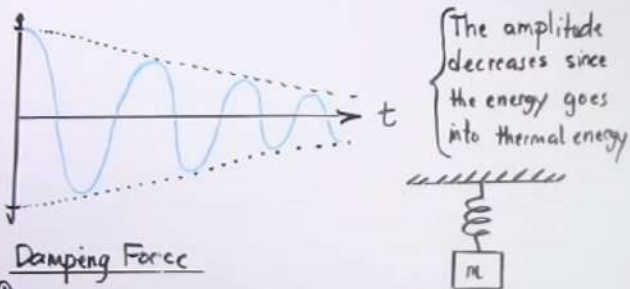
⑧ Find the ratio of  $K/m$ .

$$\omega^2 = K/m : \text{ Since } \omega = 2\pi f, \text{ then } \omega^2 = (2\pi f)^2$$

$$(2\pi f)^2 = (2\pi \cdot 0.5 \text{ s}^{-1})^2 = \boxed{9.87 \text{ N/kg} \cdot \text{m}}$$

## Damped Harmonic Motion

① A real oscillating system will over time experience a decrease in amplitude as a result of internal friction and air resistance.



Damping Force

①  $F_{\text{damping}} = -bv$

②  $\sum F = ma \Rightarrow -kx - bv = ma$

$\Rightarrow ma + kx + bv = 0$

$\Rightarrow m \frac{d^2x}{dt^2} + kx + \frac{bdx}{dt} = 0$  } equation of motion

Solution:  $x(t) = A e^{-\gamma t} \cos(\omega' t)$  [At  $t=0$ ,  $x=A$ ]

Note:  $\omega' \neq \omega = \sqrt{k/m}$

①  $\omega' = \sqrt{\frac{k}{m} - \frac{b^2}{4m^2}}$

②  $\gamma = \frac{b}{2m}$

Therefore:  $x(t) = A e^{-\frac{bt}{2m}} \cos(\omega' t)$

position function for a lightly damped H.O.

Frequency:

$\omega' = 2\pi f' \Rightarrow f' = \frac{1}{2\pi} \sqrt{\frac{k}{m} - \frac{b^2}{4m^2}}$

$\Rightarrow \frac{k}{m} - \frac{b^2}{4m^2} \Rightarrow b^2 = 4mk$

Ⓐ over damped:  $b^2 \gg 4mk$

Ⓑ under damped:  $b^2 < 4mk$

Ⓒ critical damped:  $b^2 = 4mk$