

# Eyes and Vision

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

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## History

### *Review of History Related to Eyes and Vision:*

| YES/NO  | If YES, provide details:             |
|---|--------------------------------------|
| Date of last eye exam: _____                      |                                      |
| <b>Vision</b>                                     |                                      |
| <input type="checkbox"/> <input type="checkbox"/> | Blurry vision _____                  |
| <input type="checkbox"/> <input type="checkbox"/> | Change in vision _____               |
| <input type="checkbox"/> <input type="checkbox"/> | Double vision _____                  |
| <input type="checkbox"/> <input type="checkbox"/> | Loss of vision _____                 |
| <input type="checkbox"/> <input type="checkbox"/> | Floaters within visual field _____   |
| <input type="checkbox"/> <input type="checkbox"/> | Straining to see _____               |
| <input type="checkbox"/> <input type="checkbox"/> | Headaches related to vision _____    |
| <input type="checkbox"/> <input type="checkbox"/> | Glasses or contacts _____            |
| <b>Eyes</b>                                       |                                      |
| <input type="checkbox"/> <input type="checkbox"/> | History of eye disease _____         |
| <input type="checkbox"/> <input type="checkbox"/> | Crusting or lesions on eyelids _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Redness of eyes _____                |
| <input type="checkbox"/> <input type="checkbox"/> | Eye pain _____                       |
| <input type="checkbox"/> <input type="checkbox"/> | Drainage from around eyes _____      |
| <input type="checkbox"/> <input type="checkbox"/> | Breathing difficulties _____         |
| <input type="checkbox"/> <input type="checkbox"/> | Cough or cold _____                  |
| <input type="checkbox"/> <input type="checkbox"/> | Asthma or respiratory problems _____ |
| <input type="checkbox"/> <input type="checkbox"/> | Allergies _____                      |
| <input type="checkbox"/> <input type="checkbox"/> | Other _____                          |

***Family history of vision or eye problems:***

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Medical history relevant to eyes/vision (example: diabetes mellitus, hypertension etc.):

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***Review of history related to the current visit:***

**Focused symptom analysis of current problem:**

**Reason for visit:** \_\_\_\_\_

**Character:** \_\_\_\_\_

**Onset:** \_\_\_\_\_

**Duration:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Severity:** \_\_\_\_\_

**Associated problems:** \_\_\_\_\_

**Efforts to treat:** \_\_\_\_\_

**Current medications:** \_\_\_\_\_

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**Allergies:** \_\_\_\_\_

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## Physical Assessment

### *Vision:*

**General evaluation of vision** (glasses, contact lenses, corrective surgery):

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### **Distant vision (Snellen chart or E Card)**

|                       |       |                     |       |
|-----------------------|-------|---------------------|-------|
| Right eye uncorrected | _____ | Right eye corrected | _____ |
| Left eye uncorrected  | _____ | Left eye corrected  | _____ |
| Both eyes uncorrected | _____ | Both eyes corrected | _____ |

### **Near vision (Rosenbaum or near vision card)**

|                       |       |                     |       |
|-----------------------|-------|---------------------|-------|
| Right eye uncorrected | _____ | Right eye corrected | _____ |
| Left eye uncorrected  | _____ | Left eye corrected  | _____ |
| Both eyes uncorrected | _____ | Both eyes corrected | _____ |

## **Eyes**

**General characteristics — eyes** (position, alignment, size):

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**Inspect and palpate.**

**Eyebrows** (infestation, infection): \_\_\_\_\_

**Eyelids** (opening, ptosis, tremors, redness, swelling, flaking): \_\_\_\_\_

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**Eye orbit** (lacrimal gland, lacrimal ducts, firmness, pain or discomfort): \_\_\_\_\_

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**Conjunctiva** (color, discharge): \_\_\_\_\_  
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**External eyes** (corneal clarity, pupil size, shape, reactivity): \_\_\_\_\_  
\_\_\_\_\_

**Eye muscles and movement:**

**Corneal light reflex:** \_\_\_\_\_

**Cover/uncover test:** \_\_\_\_\_

**Six cardinal fields of gaze:** \_\_\_\_\_

**Ophthalmoscopic Exam**

|  | Right Eye | Left Eye |
|--|-----------|----------|
| <b>Lens clarity</b>                            |           |          |
| <b>Red reflex</b>                              |           |          |
| <b>Retina</b> (color, surface characteristics) |           |          |
| <b>Disc characteristics</b>                    |           |          |
| <b>Macula characteristics</b>                  |           |          |

**Analysis:**

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