1. Moving your patient up the bed with two nursing.

<https://www.youtube.com/watch?v=37SiZdL5x1A>

1. Positioning lateral and supine.

<https://www.youtube.com/watch?v=eJESfPA4NWM>

1. Logrolling.

<https://www.youtube.com/watch?v=5FUnepktYxE>

1. Assisting a client to set in bed.

<https://www.youtube.com/watch?v=O8CIforASTA>

1. Transferring a patient from the bed to a wheel chair.

<https://www.youtube.com/watch?v=4BUlu0TNs_8>

1. Transferring a patient from the bed to a stretcher/ board

<https://www.youtube.com/watch?v=G1EOqEUyDEk>

1. Using a cane

<https://www.youtube.com/watch?v=R0r6a8AE6Xw>

1. Using a walker.

<https://www.youtube.com/watch?v=0vlaL75glxU>

1. Using Crutches

<https://www.youtube.com/watch?v=HgwepDw3svY>

1. crutches gait pattern (2, 3 & 4 point )

<https://www.youtube.com/watch?v=jcKJMCbQrL0>