




1


 Activity Help

1 Carl's medical bills have become a  burden for his family.

2 Corporate donations  funded the building of a new wing at the hospital.

3 Jana went to the doctor because her fever and muscle aches were  symptoms of the flu.

4 Tom got  treatment for his allergies. Now he feels better.

5 Vivian is taking bee pollen instead of  conventional medicine for her allergies.




1


[Activity Help](#)


- 1 ✓ surgery the cutting open of the body to repair a damaged part
- 2 ✓ chief most important or main
- 3 ✓ proponent a person who supports a particular idea or plan of action
- 4 ✓ safety net something used to protect a person against possible hardship or difficulty
- 5 ✓ labour practical work, especially work that involves physical effort





1


 Activity Help

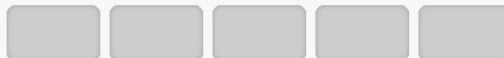
1 If a disease evolves so that it cannot be treated by any medicine, there is likely to be a nationwide  epidemic .

2 Painkillers can be addictive; it's possible to develop a  drug dependency if you take them for a long time.

3 Malaria is a  preventable illness ; a mosquito net and taking antimalarial tablets can keep a person from catching it.

4 Office workers often have  sedentary lifestyles . They sit at their desks all day and don't get any exercise.

5 Lydia applied for a  patent to protect her invention, a robotic arm



1

Choose the correct words to complete the sentences.

[Activity Help](#)

1 The surgical procedure was extremely and took several hours to carry out.

2 Doctors generally favour forms of medicine.


3 The patient couldn't recall the date when her symptoms had started.

4 The sanitary conditions at the local hospital were not , so the government decided to close it.

5 Despite weather conditions, the ambulance arrived on time.

[Next](#)

1

 Activity Help

Complete the text with a, an, the or X (no article).

Nowadays, it's not unusual for people to carry bottled water wherever they go. Recently, however, the benefits of drinking ☒ X water were called into question when ☒ a new report was published. ☒ the report stated there was no scientific proof that drinking eight glasses a day was good for you. While it may not be necessary to drink such a large amount of fluid, there are at least five very good reasons to drink ☒ X water:

1 It helps maintain the balance of bodily fluids. ☒ the human body is made up of approximately 60% water, which helps digestion, circulation, sweating and other functions. If we don't take in enough fluid, our bodies

Next

1

[Activity Help](#)

1 It helps maintain the balance of bodily fluids. ☒ the human body is made up of approximately 60% water, which helps digestion, circulation, sweating and other functions. If we don't take in enough fluid, our bodies won't be able to perform these functions.

2 It helps us lose weight. If we choose ☒ a glass of water instead of drinking a beverage with a lot of sugar, we are taking in fewer calories.

3 It's ☒ the most effective way to keep skin looking good. It reduces the appearance of ☒ lines and wrinkles.

4 ☒ X Dr Clive Nephrahey, a kidney specialist, states that water is vital for your kidneys to function. He says, 'Your kidneys perform the task of cleaning your body of toxins, provided you are drinking enough water.'

1

2 It helps us lose weight. If we choose ☒ a glass of water instead of drinking a beverage with a lot of sugar, we are taking in fewer calories.

[Activity Help](#)

3 It's ☒ the most effective way to keep skin looking good. It reduces the appearance of ☒ X lines and wrinkles.

4 ☒ X Dr Clive Nephrahey, a kidney specialist, states that water is vital for your kidneys to function. He says, 'Your kidneys perform the task of cleaning your body of toxins, provided you are drinking enough water.'

5 ☒ The fifth reason for drinking more fluid is that it helps to keep your muscles working. Without adequate fluid, muscle cells become tired or 'fatigued' and their performance can suffer.

Next

1

1 Many people eat fast food ✓ despite the fact that ▾ research

[Activity Help](#)

shows it can lead to heart disease.

2 ✓ Even though ▾ this medication has negative side effects, many

doctors prescribe it because of its benefits.

3 Acupuncture has been proven to be a safe alternative therapy.

✓ However ▾, many people are afraid to try it.

4 In spite ✓ of ▾ the lack of funding, the hospital is

hiring an architect to draw up plans for the new building.

5 It has been proven that exercise reduces the chance of a heart attack,

✓ but ▾ many people still refuse to make time for it in their daily

routines.

[Next](#)

1

 Activity Help

Complete the ideas with the correct clauses.

1 ✓ Even though particular drugs can save lives, medical regulators

often ban their use because they're too expensive.

2 ✓ In spite of the high cost of private health care, many people

choose this option over public options to get better care.

3 ✓ In spite of the fact that nurses work very long hours,

many people choose to enter the profession.

4 Particular drugs can save lives. ✓ However, medical regulators

5 Private health care is very expensive. ✓ Nevertheless, many people

choose this option to get better care.

Next

1

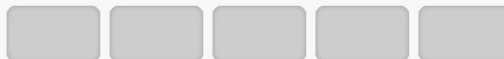
[Activity Help](#)

2 ✓ In spite of the high cost of private health care, many people choose this option over public options to get better care.

3 ✓ In spite of the fact that nurses work very long hours, many people choose to enter the profession.

4 Particular drugs can save lives. ✓ However, medical regulators often ban their use because they're too expensive.

5 Private health care is very expensive. ✓ Nevertheless, many people choose this option to get better care.



1

Activity Help

Complete the sentence with the words below.

burden chief consultation contribution controversial
funded safety net surgery


After heart ✓ surgery , it is important that patients rest.

1

2


3

4

 Activity Help

Complete the sentence with the words below.

burden chief consultation contribution controversial
funded safety net surgery

The new building at the university has been  funded by a wealthy businessman.

1

2

3

4

5

 Activity Help

Complete the sentence with the words below.

burden chief consultation contribution controversial
funded safety net surgery

The government's decision to build an airport near the small town has
been ✓ controversial ; some believe it will make travelling easier, whilst
others argue noise and pollution will increase.

Next

1

2

3

4

5

6

7

8

 Activity Help

Complete the sentence with the words below.

burden chief consultation contribution controversial
funded safety net surgery

The problem that we have today is the damage that is being caused to our environment.

Next

1

2

3

4

5

6

7

 Activity Help


Complete the sentence with the words below.

burden chief consultation contribution controversial
funded safety net surgery

What made the family meal a success was the fact that each family member bought some cooked food as their ✓ contribution to the meal.

1

2

 Activity Help

Complete the sentence with the words below.

burden chief consultation contribution controversial
funded safety net surgery

My parents earn a lot of money, so they are my ✓ safety net if I need financial help.

Next

1

2

3

 Activity Help

Complete the sentence with the words below.

burden chief consultation contribution controversial
funded safety net surgery

If you want to see a specialist at our hospital, you need to make an
appointment to have a ✓ consultation .

1

[Activity Help](#)

Choose the correct word to complete the sentence.

This winter there was a flu all around the world;
millions of people were too ill to go to work.

[Next](#)

1

2

[Activity Help](#)

Choose the correct word or phrase to complete the sentence.

People who have a ✓ sedentary lifestyle ▾ should exercise more to avoid future health problems.

[Next](#)

1

2

3

 Activity Help

Choose the correct word to complete the sentence.

We had to get a(n) ✓ patent ▾ on our new product to stop other companies making and selling it.


Next

1

2

3

4

 Activity Help

Choose the correct word or phrase to complete the sentence.

Taking strong painkillers for a long time can lead to

✓ drug dependency ▾

, which means people find it difficult to stop

taking them.

1

2

3

4

5

 Activity Help

Choose the correct word or phrase to complete the sentence.



Preventable illnesses ▾

are increasing in certain parts of the world

because of people's lifestyle choices.

Next

1

2

3


4

5

6


 Activity Help

Choose the correct word or phrase to complete the sentence.

Serious  has meant that many local libraries
have been unable to buy new computers or books.

Next

1

 Activity Help

Complete the sentences with the correct noun and adjective form of the words below.

adequacy complexity illegality medicine precision
profession

Law, nursing and teaching are three types of .

If you're not feeling well, you should ask your doctor for their

opinion.

✕ Incorrect!

✕

Correct Answer:

professional

1

2

[Activity Help](#)

Complete the sentences with the correct noun and adjective form of the words below.

adequacy complexity illegality medicine precision
profession

The film's storyline was very and difficult to understand.

Because of the of most legal problems, people often
need a lawyer to help them understand.

1

2

3


 Activity Help

Complete the sentences with the correct noun and adjective form of the words below.

adequacy complexity illegality medicine precision
profession

The organizers of the conference were worried about the  adequacy

of the conference centre, which didn't have many facilities.

The time I spent studying wasn't  adequate because I didn't pass the exam.

Next

1

2

3

4

 Activity Help

Complete the sentences with the correct noun and adjective form of the words below.

adequacy complexity illegality medicine precision
profession

She wants to become a doctor, so she will need to study at university.

When you travel abroad, you should find out the correct telephone number to call in case of a(n) emergency.

1


2

3

4


5


6

 Activity Help

Complete the sentences with the correct noun and adjective form of the words below.

adequacy complexity illegality medicine precision
profession

Some people argue that levels of  illegality increase when
unemployment is high.

Taking  illegal drugs can be dangerous and can lead to serious
health problems.

Next

1

2

3

4


5

 Activity Help

Complete the sentences with the correct noun and adjective form of the words below.

adequacy complexity illegality medicine precision
profession

The tourists didn't know the  precise location of the hotel, so they couldn't find it.

Giving medicine to hospital patients requires great  precision to ensure the correct amount is administered.

1

2

 Activity Help

Choose the correct word or phrase to complete the sentence.

✓ If medicine causes sickness ▾

, patients should contact their doctor immediately.

Next

1

[Activity Help](#)

Choose the correct word or phrase to complete the sentence.

✓ In the past ▾, doctors used to spend more time with each patient,

✓ but ▾ now they have little time to because they have so many patients to see.

[Next](#)

1

2

3

 Activity Help

Choose the correct word or phrase to complete the sentence.

The biggest software company in the country –

✓ which employs over 2,000 ▾

– has announced that it is closing
down.

Next

1

2

3

4

 Activity Help

Choose the correct word or phrase to complete the sentence.

Researchers have found that doing yoga regularly lowers stress levels

✓ and



can also improve sleep in patients who suffer from
sleep-related problems.

1

2

3

4

5

 Activity Help

Choose the correct word or phrase to complete the sentence.

A strike by aircraft staff has led to many flight cancellations,

✓ which has angered ▾

many passengers.